



# How to lighten your Recycling Bin

Leaving packaging in the shop if allowed. e.g. shoe boxes.



To reduce weight ensure that used food containers are clean and dry

Choose goods in refillable packaging such as detergents & coffee

Look for goods with less packaging

Follow the list of recyclable materials accepted by your waste collection company (they will provide you with a list)

Invest in a refillable water bottle, coffee cup & lunch box to reduce waste when you are on the move

Look out for compostable & recycling symbols on packaging



Place a NO JUNK MAIL sticker on your letter box

# What can go in your Recycling Bin...

## PAPER

Newspapers  
Magazines  
Junk mail  
Envelopes  
Paper  
Phone books  
Catalogues  
Tissue boxes  
Sugar bags  
Calendars

Dairies  
Letters  
Computer paper  
Used beverage  
Juice cartons  
Milk cartons  
Egg boxes  
Holiday brochures  
Paper potato bags



## CARDBOARD

Food boxes  
Packaging boxes  
Cereal boxes  
Kitchen towel tubes



## ALUMINIUM & STEEL CANS

Drink cans  
Steel cans  
Pet food cans  
Food cans  
Biscuit tins  
Soup tins



Always make sure all **materials are clean** before putting them in the recycling bin



All waste service providers are legally required to collect **all** the recyclables listed

## PLASTIC

### PACKAGING (PP)

Yogurt containers  
Margarine tubs  
Rigid food packaging  
(Except black)  
Liquid soap containers  
Fruit containers



### PLASTIC BOTTLES (PET 1)

Mineral bottles  
Water bottles  
Mouthwash bottles  
Salad dressing bottles



### PLASTIC BOTTLES (HDPE2)

Milk bottles  
Juice bottles  
Cosmetic bottles  
Shampoo bottles  
Household cleaning bottles  
Laundry detergent bottles  
Window cleaning bottles  
Bathroom bottles



# How to lighten your Brown Bin

A home garden composter is an way to get rid of garden waste, eggshells/ boxes, fruit, vegetables & teabags. For more go to [www.stopfoodwaste.ie](http://www.stopfoodwaste.ie) or [www.brownbin.ie](http://www.brownbin.ie)

Make sure fruit and veg is **stored correctly** so you get time to eat it.



Check the **use-by date** before purchasing to ensure you will have time to eat it before it goes out of date.



Keep all **dairy products** in the fridge to preserve them as long as possible.



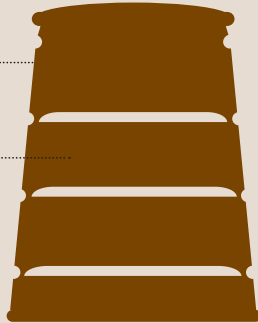
\*Use up **leftovers** to make another recipe, or as tomorrow's lunch!

**\* Note:** Food safety guidance should be followed when storing and preparing food

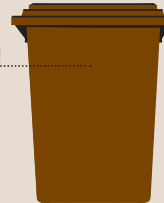
When shopping try to make a **list** of what you need and stick to it!



No dairy, bread or meat products should go into your home garden composter.



Use newspapers to line your kitchen caddy or **compostable bin liners** which are widely available to buy (regular biodegradable bin bags are not suitable)



Use your **freezer** - its your ally in preventing food waste



# What can go in your **Brown Bin**...

If it once grew, it can go  
into the brown bin!

Bread & cereals



Coffee grounds & tea bags



Egg & dairy products



Grass clippings, weeds and twigs



Meat, poultry



Wet cardboard  
Or paper



Fish, shellfish  
& bones



Paper towels & napkins



Plate scrapings  
& scraps



Fruit & vegetables



# How to lighten your **General Waste Bin**

Remove any water or liquid from the item so it is as light as possible.

Anything with a **plug or battery** can be recycled free at your local civic amenity site.

Keep glass **out** and bring it to your bottle bank.



Before you bin anything check to see if its **compostable or recyclable**. Your waste collector can provide a current list of acceptable items for each waste stream.

**Timber, Steel and old paint tins** are accepted at your local civic amenity site for a small fee.

**Old toys, clothes and unwanted furniture** could be given away to charity if they are in good condition or given away online through sites such as [www.freetradeireland.ie](http://www.freetradeireland.ie)

# What can go in your **General Waste Bin**...

**WEIGH LESS, PAY LESS**

**Toothpaste  
containers**



**Crisp, sweet or foil  
based wrappers**



**Ashes (cold)**



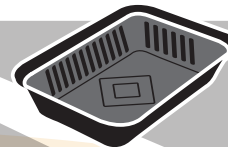
**Sanitary waste**



**Nappies**



**Black rigid plastic**



**Contaminated  
(dirty) containers**



**Ceramics e.g.  
broken cups  
or plates**



# THINK BEFORE YOU THROW IT OUT!

## Before putting waste in any bin, can you...



### *Fix it*

Before you bin it,  
can you repair it?



### *Flog it*

Does it have value, if so  
can you sell it?  
[www.donedeal.ie](http://www.donedeal.ie)  
[www.ebay.com](http://www.ebay.com)  
[www.gumtree.ie](http://www.gumtree.ie)



### *Donate it*

Give reusable items to  
family & friends. You  
can also donate them to  
charity or place them on  
[www.freetradeireland.ie](http://www.freetradeireland.ie)

*Visit the only Free Banks  
in the country!*



Give old clothes a good home and recycle your  
glass at your nearest bring bank. It's FREE!



FreeTrade Ireland is a unique public service  
allowing you to pass on and pick-up items free  
of charge. [www.freetradeireland.ie](http://www.freetradeireland.ie)



### *Blue box it*

Keep an eye out for  
the blue battery  
box in all shops  
selling batteries.



### *Upcycle it*

Before you bin it,  
could it be used for  
something else?

*Avoid wasting food!*



Prevent food waste by careful  
planning and cooking the  
correct amounts for you  
and your family. More info at  
[www.stopfoodwaste.ie](http://www.stopfoodwaste.ie)